



## Myers – Briggs Type Indicator® Career Report

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Report prepared for

**ENFP**

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## Introduction

This report is prepared to help you understand your results on the **Myers-Briggs Type Indicator®** (MBTI®) instrument and how they can be applied in the organizational settings.

The MBTI assessment is a self awareness tool based on the theories of Swiss psychologist **Carl Gustav Jung** and the work of an American mother-and-daughter team, **Katherine Briggs** and **Isabel Myers**. With more than sixty years of research and development supporting its reliability and validity, the MBTI tool has helped millions worldwide develop a deeper understanding of themselves and others.

The MBTI Assessment is nonjudgmental and helps people learn about themselves through an investigation of what they prefer, or their preferences. The MBTI assessment sorts individuals in terms of four pairs of preferences, or dichotomies, that reflect

**Source of Energy**

**Mode of Taking in Information**

**Mode of Evaluating Information**

**Lifestyle**

**Extraversion-Introversion (E-I)**

**Sensing – iNtuition (S-N)**

**Thinking – Feeling (T-F)**

**Judging – Perceiving (J-P)**

### **In understanding your MBTI results, remember that the MBTI tool**

- Describes rather than prescribes, and therefore is used to open possibilities, not to limit options
- Identifies preferences, not skills, abilities, or competencies
- Assumes that all preferences are equally important and can be used by every person
- Is well documented with thousands of scientific studies conducted during a sixty-year period
- Is supported by ongoing research

### **How Your MBTI® Career Report for Students is Organized**

- Summary of your MBTI® Results
- Overview
- Learning
- Writing
- Procrastination
- Work Related Strengths
- Work Related Weaknesses
- Career Satisfaction
- Career Exploration
- Job Search
- Conclusion

## Summary of Your MBTI® Results

This report is based on your results (best fit type) you have mentioned in the self scorable MBTI answer sheets after type verification process during the feedback session.

Best Fit Type				
Where you focus their attention	<b>E</b>	<b>Extraversion</b> Preferences for drawing energy from the outside world of people, activities, and things	<b>I</b>	<b>Introversion</b> Preferences for drawing energy from one's inner world of ideas, emotions, and impressions
The way you take in information	<b>S</b>	<b>Sensing</b> Preferences for taking in information through the five senses and noticing what is actual	<b>N</b>	<b>Intuition</b> Preferences for taking in information through a "sixth sense" and noticing what might be
The way you make decisions	<b>T</b>	<b>Thinking</b> Preferences for organizing and structuring information to decide in a logical, objective	<b>F</b>	<b>Feeling</b> Preferences for organizing and structuring information to decide in a personal, values-based way
How you deal with the outer world	<b>J</b>	<b>Judging</b> Preferences for living a planned and organized life	<b>P</b>	<b>Perceiving</b> Preferences for living a spontaneous and flexible life

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	<b>ENFP</b>	ENTP
ESTJ	ESFJ	ENFJ	ENTJ

### ENFP Snapshot

ENFPs are enthusiastic, insightful, innovative, versatile, and tireless in pursuit of new possibilities. They enjoy working on teams to bring about change related to making things better for people. Although the descriptors below generally describe ENFPs, some may not fit you exactly due to individual differences within each type.

Creative	Restless	Enthusiastic
Expressive	Friendly	Independent
Curious	Imaginative	Spontaneous
Original	Energetic	Versatile

## ENFP Overview

ENFPs are generally warm, enthusiastic, creative, spontaneous, and compassionate. They are often outgoing and are energized by spending time with others. They enjoy opportunities to meet new people and typically have a desire to create deep relationships with open communication. Their appreciation and passion for life often makes them appealing to others and generally results in the ENFP having a large group of friends. They are typically high energy people that are usually flexible, adaptable, and adventurous. They also tend to enjoy variety, spontaneity, and taking risks. They prefer a challenge and often use a creative and unconventional approach to solve problems. The ENFP also tends to have strongly held values that directly influence how they live their lives. They often make decisions by considering their internal values and determining the impact their choices will have on others.

The ENFP often feels energized when they are identifying new possibilities and ideas. They are passionate about their idea as and tend to consider possibilities that relate to people. They apply their creativity and insight to identify peoples' capabilities and provide the energetic attitude that encourages others to meet their potential. They are perceptive to their surroundings and will often consider the big picture or future implications. It is important for them to be able talk through their ideas with others as well as spend time reflecting on what they consider to be important or valued. The ENFP's focus on new ideas and possibilities often results in doing many different jobs or having a variety of interests. Their propensity to pursue various opportunities can result in them being easily distracted and they may need to focus on fulfilling their commitments.

ENFPs will often enthusiastically conceptualize projects based on their ability to generate and connect ideas. They are usually uninterested in facts or details that are not connected to their identified possibilities. They are often able to multitask and accomplish what others do not see as possible. Some ENFP's may need to focus on finishing projects and delaying their desire to advance onto the next exciting idea. They may find scheduling to inhibit their freedom and often end up pushing to complete a project by the deadline. The ENFP is often interested in the lives of others and are usually able to interact and draw out the best in people. They tend to work well with a variety of people and are able to persuade, motivate, and encourage others. They desire to create and maintain a harmonious work environment and they typically want the approval of others. In their daily lives, ENFP's should be cautious not to over commit to projects or people.

## **LEARNING:**

### **The ENFP student will often...**

- Maintain an interest in complex topics or areas that capture their imagination
- Apply information to determine ways to help other people
- Desire an instructor that believes in the message, communicates the big picture, and assigns creative assignments
- Require an opportunity to actively discuss information
- Take a variety of different classes that capture their wide range of interests
- Enjoy studying with other people

## **WRITING:**

ENFPs are often creative writers that see the correlation between seemingly disconnected ideas and topics. They are typically able to write from the perspective of others and are interested in topics that have an impact on people. They tend to excel when writing on topics of particular interest and dislike having to follow a routine, incorporate a lot of facts, or adhere to a specific deadline. They tend to follow their inspired thoughts and may be inclined to start numerous writing projects or take on excessively large writing tasks. The ENFP may need to be cautious that they are able to finish all of the projects that they start.

### **In the writing process, the ENFP will often...**

- Creatively brainstorm numerous writing ideas
- Limit the amount of time they spend reflecting on a topic
- Tailor their writing to connect with the audience
- Need to realistically evaluate the amount of time required to complete their writing
- Need to incorporate interaction with others to facilitate their writing process
- Benefit from returning to the original draft to include additional facts or reorganize the information

## **PROCRASTINATION**

The ENFP's pursuit of numerous ideas and projects can result in not completing any tasks or producing inadequate work. It is often difficult for them to create closure because they are pulled in many directions and captivated by a variety of interests. These factors combine to make it difficult for the ENFP to maintain their attention on any one area. They often do not pay attention to the quantity of work that builds up and feel overwhelmed when they realize the amount of work they are required to complete. ENFPs may not take proper care of their bodies and become exhausted and feel unable to physically complete their tasks.

ENFPs will generally continue to procrastinate as long as possible and often work right up until the deadline. They often do not identify a need to change their procrastination when they are able to still complete their work and receive an acceptable outcome. They recognize a need to change only when their procrastination results in significantly affecting their lives. It is important for the ENFP to learn how to evaluate the possibilities they identify and establish a list of what is important. It can also be beneficial for them to identify and examine the long-term impact of their choices.

### **WORK RELATED STRENGTHS**

- Eager to “think outside the box” and consider new possibilities
- Courage to take risks, try new things, and overcome obstacles
- A broad range of interests and ability to quickly learn the things that interest you
- Natural curiosity and skill for getting the information you need
- Ability to see the big picture and the implications of actions and ideas
- Excellent communication skills and ability to rouse other’s enthusiasm
- Adaptability; can shift gears and change directions quickly
- Perceptive about people; understand others’ needs and motivations

### **WORK RELATED WEAKNESSES**

- Difficulty setting priorities and making decisions
- Impatience with uncreative people
- Reluctance to do things in traditional or routine ways
- Lack of discipline when attending to and following through on important details
- Tendency to become bored or sidetracked, especially after creative process is done
- Dislike for doing repetitive tasks
- Impatience working with systems or people who are too rigid
- Propensity to always focus on what’s possible rather than what’s doable or probable
- Tendency to be disorganized

## **CAREER SATISFACTION FOR ENFP**

### **Doing work that**

- Lets me work with a diverse group of people on a variety of projects, motivated by creative inspiration
- Lets me create new ideas, products, services, or solutions to problems that will help other people, and enjoys seeing projects become reality
- Is fun, challenging, and always varied
- Rarely requires me to handle the follow through, routine details, or maintenance of a system or project
- Lets me work at my own pace and schedule, with a minimum of rules or structure and the freedom to act spontaneously
- Lets me meet new people, learn new skills, and continually satisfy my curiosity
- Is consistent with my personal beliefs and values and lets me create opportunities that benefit others
- Is done in a friendly and relaxed environment with humor, goodwill, and a minimum of interpersonal conflict
- Allows me the freedom to follow my inspirations and participate in exciting and intriguing

## **CAREER EXPLORATION**

### **An ENFP tends to find career satisfaction with careers that have the following characteristics:**

- Provides an opportunity to conceptualize an idea and bring it to fruition
- Involves tasks that reflect their values and make a difference for others
- Requires working with minimal details
- Encourages or permits spontaneity and freedom to follow their ideas and complete tasks
- Fosters a creative, enjoyable, and fun work environment with minimal conflict
- Involves a limited number of rules, requirements, or procedures
- Requires the completion of challenging and diverse tasks
- Structures daily activities to involve interacting with a variety of people

### **When exploring career options, an ENFP will often...**

- Create numerous long-term goals and benefit from narrowing down their idealistic list
- Gather career-related information through networking
- Evaluate a variety of career options
- Benefit from reviewing career options based on an objective list of requirements
- Benefit from setting a decision deadline
- Need to be cautious of the amount they allow others to influence their choice

## JOB SEARCH

### During their job search, an ENFP will often...

- Identify numerous job possibilities and potentially create their own position
- Benefit from organizing and following through with all aspects of their job search
- Network extensively with family and friends
- Persist in their job search despite setbacks
- Need to ensure they pay attention to the details of a job and realistically evaluate the requirements of a position
- Procrastinate on making a decision and may miss opportunities
- Benefit from making decisions throughout their job search

### During an interview, an ENFP will often...

- Easily develop a connection with the interviewers
- Confidently discuss their skills and abilities
- Portray their team player attitude
- Need to be cautious not to talk too much
- Identify their future potential for an employer and benefit from also emphasizing their current contributions to the organization

**For more than 60 years, the MBTI tool has helped millions of people throughout the world gain a deeper understanding of themselves and how they interact with others, helping them improve how they communicate, work, and learn.**

## REFERENCES

Tieger, P. D., & Barron, B. (2007). *Do What You Are "Discover the Perfect Career for You Through the Secrets of Personality Type"* (4th ed.). Park Avenue, New York: Hachete Book Group, USA.

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## POPULAR OCCUPATIONS FOR ENFP'S

People with ENFP preferences are often attracted to and may find satisfaction in careers and occupations in the following areas:

- Counselor and Psychologist
- Research Assistant
- Social Scientist
- Teacher :Arts and Health & Special Education
- Administration
- Computer professional
- Musician and composer
- Religiously oriented occupation
- Writer and editor
- Public relations

*(ALLEN L. HAMMER - INTRODUCTION TO TYPE AND CAREERS)*

- Health care and health Care Support
- Religious Professions
- Music and Composing
- Hospitality and lodging
- Photography
- Child care
- Psychology: Clinical and Organizational
- Sales
- Cosmetology
- Entertainment: Acting and Directing
- Computing
- Recreation
- Counseling and social work
- Social Sciences
- Fine arts and visual arts
- Journalism and Writing
- Education: administrator
- Forestry
- Teaching: Arts and Kindergarten
- Public Relations

*(CHARLES R. MARTIN. PHD - LOOKING AT YOUR TYPE "YOUR CAREER" )*

- Fine artist
- Speech Pathologist
- Special Education Teac
- Nutritionist
- Educational Consultan
- Rehabilitation Counsel
- Writer
- Educational and vocati counselor
- Cartoonist
- Dental Hygienist
- Preschool Teacher
- Youth Counselor
- Junior College Teacher
- Musician
- Occupational Therapist
- Health and Wellness Teacher
- Interior Designer
- School Counselor
- Religious Counselor
- Ombudsman
- Psychologist
- Teacher of Art and Drama
- Composer
- Human Resource Personnel

*(DONNA DUNNING - WHAT'S YOUR TYPE OF CAREER)*

- Journalist
- Screen writer
- Substance Abuse & Behavioral Disorder Counselor
- Child Welfare Counselor
- Musician and Composer
- Artist
- Reporter
- Columnist
- Project Manager
- Television Producer
- Human resource Manager
- Marketing Executive
- Developer of Educational Software
- Personnel recruiter
- Outplacement consultant
- Character Actor
- Teacher: Art, Drama , Elementary, Special Education
- Nutritionist
- Graphics Designer
- Documentary film maker
- Occupational Therapist
- Public relations specialist
- Publicist
- Anthropologist and Social Psychologist
- Marketing consultant
- Editor
- Strategic planner
- Research assistant
- Legal mediator
- Social worker
- Chiropractor
- Interior Decorator
- Human resource recruiter
- Human Resource Development Trainer
- Consultant
- Diversity Manager
- Career Counselor
- Speech and Language Pathologist
- Inventor
- Physical Therapist
- Educational Psychologist
- Massage Therapist
- Development director
- Staff
- Creative Director and Multimedia Team
- Social Scientist
- Exhibit designer
- Ombudsperson
- Employee Assistance Program Counselor
- Pastoral Counselor
- Urban regional planner
- Public health educator
- Cartoonist and animator
- Advertising Account Executive
- Labor Relations Specialist
- News Caster
- Environmental lawyer
- Customer Relations Manager
- Planned Giving Officer
- Merchandise Planner
- Sales

[\(PAUL D. TIEGER AND BARBARA BARRON - DO WHAT YOU ARE\)](#)

However, there are successful people of all types in all occupations. The key to getting where one wants to go involves firstly identifying what one really wants, something that comes from a more individual place than type. Individuals with ENFP preferences then need to use knowledge of their type to gain insight into how they might approach the different activities in planning a career. In other words, ENFPs need to build on the strengths of their type and address potential obstacles that may come along with their style as they explore options, connect with others, make decisions, and manage their careers.

## LESS POPULAR CAREERS FOR ENFP

Every type is in virtually every career, and clearly people are drawn to careers for many reasons other than their type. People with ENFP preferences are, however, less often attracted to careers and occupations that require a great deal of precision and logical analysis, or careers that are highly structured, such as careers in management, the military, or engineering. They are also found less often in careers that require work in isolation or careers that demand a great deal of routine hands- on manual or mechanical work, as in production or repair jobs.