



# Self- Guided Online **Type For HR Professionals**

## International Certification For HR Professionals On Using Type In Organization

The vision of this certification program is to inculcate the essential knowledge and skills you need to apply the Personality-Type insights in the profession of HR management worldwide.

## ICHRT

The Personality-Type-based application Certification program is specifically designed for HR professionals to facilitate them in reaching all of their career goals by understanding and managing human differences and their goals according to the Personality-Type difference. After attending this course, people will be able to understand themselves and identify their innate career goals, which will overcome the issue of disconnections between individual and their success.

## WHY BECOME ICHRT CERTIFIED?

- The vision of this certification program is to inculcate the essential knowledge and skills you need to apply the Personality-Type insights in the profession of HR management worldwide.
- Dr. Qamar UI Hassan has devised the ICHRT (International Certified Personality-Type Professional) in a way that makes it easier to know the Personality-Type. There are learning modules that you can read according to your pace. Each module can be learned through the document you will receive after the subscription.

## KEY HIGHLIGHTS

- Delivered online, this program embraces the value of experiential learning throughout. Supported by a highly interactive training platform – comprises of 16 learning modules. And a few of them facilitated via Zoom. The modules can be completed on your own schedule.
- Once registered, you'll have immediate access with up to 90 days to complete the curriculum and pass the certification exam.
- We estimate that it takes around 30 to 40 hours to complete the program.
- This is similar to the time commitment for the four-day Type based Assessment Certification Program. However, the self-guided program allows you to break up your learning into manageable chunks that fit your own schedule.
- You'll have 90 days to complete the program after registration.

## ABOUT QAMAR CONSULTING

We are providing TYPE-based personality development and enhancement in Pakistan since 2005. We have trained more than 50,000 students to use the TYPE in the process of their career selection. We have instructed many teachers, trainers, coaches, and motivational speakers to incorporate the TYPE in their profession.

We have commenced the training session on TYPE-based development programs in Pakistan with a vision to accommodate the TYPE in all organizations so that people should be understood rather than being judged.

We have collaborated with CIM (Careers in Medicine), a program by AAMS (Association of American Medical Colleges), recognized our initiative and supported us. We received the best training company award in 2018 by WHO IS WHO because of our innovative endeavours in Pakistan.

## ABOUT THE TRAINER DR. QAMAR

Dr. Qamar ul Hassan has worked with many organizations and institutes in the field of leadership development and employee management. He successfully implemented TYPE (MBTI) based performance improvement solutions in Pakistan's private and public sectors. Over the years, he has trained many professionals and students from Pakistan's renowned organizations and reputable universities.

Dr. Qamar has had the honor of launching for the first time in Pakistan the innovative and life-changing services like; Know Yourself (a self-development program), TYPE-based career management, and type-based relationship management practices.

He has successfully trained over 50,000 students and professionals from 70 different organizations and institutes. He is also a researcher and has had the privilege of presenting his research work at international conferences in Dubai, Cairo, and Chennai.

## PROGRAM MODULES

### 1.Exploring the Personality-Type Preference Framework

Estimated time to complete: 1 to 3 hours

### 2.Personality-Type vs. Trait Explanation

Estimated time to complete: 30 minutes to 1 hour

### 3.Nurture by Nature

Estimated time to complete: 2 hours

### 4.Personality-Type-Based Group Feedback

Estimated time to complete: 2 hours

### 5.The Personality-Type Feedback Process

Estimated time to complete: 3 to 4 hours, plus learning assignment  
(approximately 4 hours)

### 6.Personality-Type Dynamics and Development

Estimated time to complete: 2 to 3 hours, plus learning assignment (approx. 1 hour)

### 7.Applications of Personality-Type Dynamics

Estimated time to complete: 2 hours and 45 minutes

### 8.Ethical use of "5 Step Personality- Type Discovery Model" By Dr. Qamar

Estimated time to complete: 1 to 2 hours

### 9.Apply Personality-Type Framework

Estimated time to complete: 1 to 2 hours

### 10.Using Personality-Type in Recruitment

Estimated time to complete: 2 to 3 hours

### 11.Using Personality-Type In Training & Leadership

Estimated time to complete: 2 to 2.5 hours

### 12.Personality-Type and Leadership

Estimated time to complete: 1 to 2 hours

### 13.Using Personality-Type in Effective Management

Estimated time to complete: 1 to 2 hours

# WHAT WILL YOU LEARN?

Define and discuss the four preference pairs in light of Jung's theory. Compare the characteristics of the four preference pairs.

A comprehensive way to identify and compare appropriate resources to support an individual's exploration of Type vs. Trait. Most optimal ways of human development based on Personality-Type.

Introducing the Five-Step Method. Discuss the 16 Types to help respondents who are sure of their preference.

Role of Type dynamic in happiness & stress. Describe & explore the influence of Personality Type dynamics on stress reactions.

Apply appropriate resources and activities to illustrate the relationship between Personality Type dynamics and a range of personal and professional development applications.

Using "5 Step Personality-Type Discovery Model" in an organization. Describe key preference combinations including the process pairs and orientations.

Use Personality-Type-based insights for action planning with teams and work groups. Personality Type and preferred working style of the individuals.

Learn how to hire the best candidates for the required position according to their Personality Type. Learn the best Communication Style according to the Personality-Type of people.

How to train the individuals to achieve the required target according to Personality-Type. How to lead their team in the best way.

The corporate and HR professionals will learn the techniques to deal with different problems.

Learn to adapt and flex the role of different Personality Type in their workplace.

## Why Should You Enroll In This Certification Program?

## WHO IS THE ICHRT PERFECT FOR?



Member of human resource department

## PARTICIPANT TESTIMONIALS

I had the pleasure of attending Dr. Qamar's session on Communicating Effectively by TYPE. It was truly an eye-opener. Ever since I have been practicing the science of TYPE-Based communication with my colleagues, I have noticed a great change. Now we can easily work in teams. I am looking forward to attending his trainings in future. **Syed Ahmad**, CEO DPL

Dr. Qamar is a remarkable man. His insight into human psychology is commendable. My entire team and I are grateful to him for helping us manage our work and relationships more effectively. I highly recommend others to contact Dr. Qamar for TYPE-based trainings. **Farrukh Rasheed**, HR Head HUBCO





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PROGRAM BY DR. QAMAR UL HASSAN

MORE INFORMATION

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**QAMAR CONSULTING**  
Discovering Potential & Optimizing Performance