



Self- Guided Online **INTERNATIONAL CERTIFICATION ON PARENTING BY TYPE**

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ICPT

Personality-Type based Parenting Certification program is specifically designed for Relationship Counselor in order to facilitate parents to reach their kids to understand and manage the human differences; after attending this certification, parents will be able to understand themselves and identify their innate parenting style that can be managed which will overcome the issue of disconnections between parents and kids & lower level of learning among kids. Parents will learn to accommodate their kids by having different Learning Styles, through which creative learning & understanding can take place, which will result in the wellbeing & success of kids.

WHY BECOME ICPT CERTIFIED?

- The vision of this certification program is to inculcate the essential knowledge and skills you need for Personality-Type insights. The program contains learning modules. This program prepares you to assess the Personality-Type in Individual and group settings using the Five Step Personality-Type assessment model developed by Dr. Qamar.
- The Self guided International Certified Type Professional (ICTP) Certification Program is an online training course for professionals who want to become type expert and practice applications of type in different professional settings.
- The overarching goal of the certification program is to help you learn the essential knowledge and skills required to practice as a type practitioner world-wide.

KEY HIGHLIGHTS

- Delivered online, this program embraces the value of experiential learning throughout. Supported by a highly interactive training platform comprises of 13 learning modules. And a few of them facilitated via Zoom. The modules can be completed on your own schedule.
- Once registered, you'll have immediate access with up to 90 days to complete the curriculum and pass the certification exam.
- We estimate that it takes around 30 to 40 hours to complete the program.
- This is similar to the time commitment for the four-day Type based Assessment Certification Program. However, the self-guided program allows you to break up your learning into manageable chunks that fit your own schedule.
- You'll have 90 days to complete the program after registration.

ABOUT QAMAR CONSULTING

We are providing TYPE-based personality development and enhancement in Pakistan since 2005. We have trained more than 50,000 students to use the TYPE in the process of their career selection. We have instructed many teachers, trainers, coaches, and motivational speakers to incorporate the TYPE in their profession.

We have commenced the training session on TYPE-based development programs in Pakistan with a vision to accommodate the TYPE in all organizations so that people should be understood rather than being judged.

We have collaborated with CIM (Careers in Medicine), a program by AAMS (Association of American Medical Colleges), recognized our initiative and supported us. We received the best training company award in 2018 by WHO IS WHO because of our innovative endeavours in Pakistan.

ABOUT THE TRAINER DR. QAMAR

Dr. Qamar ul Hassan has worked with many organizations and institutes in the field of leadership development and employee management. He successfully implemented TYPE (MBTI) based performance improvement solutions in Pakistan's private and public sectors. Over the years, he has trained many professionals and students from Pakistan's renowned organizations and reputable universities.

Dr. Qamar has had the honor of launching for the first time in Pakistan the innovative and life-changing services like; Know Yourself (a self-development program), TYPE-based career management, and type-based relationship management practices.

He has successfully trained over 50,000 students and professionals from 70 different organizations and institutes. He is also a researcher and has had the privilege of presenting his research work at international conferences in Dubai, Cairo, and Chennai.

PROGRAM MODULES

1.Exploring the Personality-Type Preference Framework

Estimated time to complete: 1 to 3 hours

2.Personality-Type vs. Trait Explanation

Estimated time to complete: 30 minutes to 1 hour

3.Nurture by Nature

Estimated time to complete: 2 hours

4.Personality-Type-Based Group Feedback

Estimated time to complete: 2 hours

5.The Personality-Type Feedback Process

Estimated time to complete: 3 to 4 hours, plus learning assignment
(approximately 4 hours)

6.Personality-Type Dynamics and Development

Estimated time to complete: 2 to 3 hours, plus learning assignment (approx. 1 hour)

7.Applications of Personality-Type Dynamics

Estimated time to complete: 2 hours and 45 minutes

8.Ethical use of "5 Step Personality- Type Discovery Model" By Dr. Qamar

Estimated time to complete: 1 to 2 hours

9.Apply Personality-Type Framework

Estimated time to complete: 1 to 2 hours

10.Discover Yourself and Your Parenting Style

Estimated time to complete: 1 to 2 hours

11.Understand Type Of kids and Their Learning Style

Estimated time to complete: 1 to 2 hours

12.Personality-Type Effective Parenting

Estimated time to complete: 1 to 2 hours

13.Type Based Effective Parenting Strategies

Estimated time to complete: 1 to 2 hours

WHAT WILL YOU LEARN?

Jung's theory and its development. Preference-based behavioral differences. Assess a range of situations to determine people's differences. Compare Personality-Type and Trait

Learn the best Communication Style according to the Personality-Type of kids. Improve the Decision-Making Style.

Learn the most effective human development methods based on Personality Type. Learn to facilitate the different Personality-Type of development.

Explain the term "Preferences" in relation to the Type Based framework. Identify your own Personality Preferences.

Explain the importance of Type dynamics, how it is important for growth. Name and find the four pairs of preferences and relate an analogy to illustrate their relationship.

Apply "Type Discovery in Five Step Method" devised by Dr. Qamar ul Hassan.

Apply appropriate resources and activities to illustrate the relationship between Personality-Type dynamics and a range of personal and professional development applications.

Use Personality-Type-based insights for action planning with teams and work groups.

Discover the Personality-Type and parenting style. Natural strengths and weaknesses. Areas of development.

To understand their parenting style. Learning style and strengths of kids by their parenting style.

Different Learning Style of kids. Motivational needs of kids according to their 'Personality-Type'. Understand the role of the parent as a leader developer.

Learn to adapt and flex for different Personality-Type of kids. Learn to cater to different learning needs of kids. Identify tools & techniques to flex their parenting styles.

Why Should You Enroll In This Certification Program?

WHO IS THE ICPT PERFECT FOR?



- **Relationship Counselor**

PARTICIPANT TESTIMONIALS

I had the pleasure of attending Dr. Qamar's session on Communicating Effectively by TYPE. It was truly an eye-opener. Ever since I have been practicing the science of TYPE-Based communication with my colleagues, I have noticed a great change. Now we can easily work in teams. I am looking forward to attending his trainings in future. **Syed Ahmad**, CEO DPL

Dr. Qamar is a remarkable man. His insight into human psychology is commendable. My entire team and I are grateful to him for helping us manage our work and relationships more effectively. I highly recommend others to contact Dr. Qamar for TYPE-based trainings. **Farrukh Rasheed**, HR Head HUBCO





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PROGRAM BY DR. QAMAR UL HASSAN

MORE INFORMATION

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QAMAR CONSULTING
Discovering Potential & Optimizing Performance