

# International Certification On Relationship Counselling Using Type

**WANT TO BECOME CERTIFIED PERSONALITY  
TYPE ASSESSOR?**

## 1 Understanding Preference

Discovering Preference In Following  
4 Dichotomies

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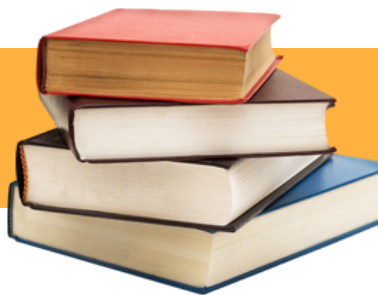
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Whats Your Type \_\_\_\_\_?

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# SCHEDULE



<b>Total Mins</b>	90 Minutes
<b>Class 1</b>	Completion of prework and Introduction of the course.
<b>Class 2</b>	ICRT will be covered in 2 classes of 45 minutes each. With clear understanding of all types.



# COURSE OVERVIEW

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## Introduction

This course is designed to provide you with a deep understanding of how personality type insights can be applied to relationship counseling. By exploring the dynamics of different personality types, you will be equipped to foster healthier and more fulfilling relationships.

**Please note:** Completion of the ICTA (International Certification on Personality Type) module is a prerequisite for all other courses, including ICRT.





# Objectives

By the end of the ICRT module, you will:

- Gain a comprehensive understanding of how personality types influence relationship dynamics.
- Learn to apply the 5-step model to relationship counseling practices.
- Develop strategies to address relationship challenges based on personality type insights.
- Utilize cognitive functions to enhance relationship counseling techniques.
- Understand the strengths and potential conflicts associated with different personality types in relationships.
- Foster positive relationship dynamics through personality type insights.
- Support individuals in leveraging their personality strengths to improve their relationships.





# Course Content

## 1. Introduction to Relationship Counseling Using Type

- Overview of the significance of using personality types in relationship counseling.
- Enhancing relationship dynamics through understanding personality types.

## 2. Personality Types and Relationship Dynamics

- Detailed exploration of how different personality types influence relationship behaviors and patterns.
- Case studies showcasing effective relationship counseling strategies based on personality type insights.

## 3. The 5-Step Model for Relationship Counseling by Type

- Explanation of the 5-step model for adapting counseling methods to personality types.
- Step-by-step guide to implementing each step in relationship counseling practices.
- Practical examples demonstrating the model in action.

## 4. Cognitive Functions and Relationship Behaviors

- Understanding the 8 cognitive functions and their impact on relationship behaviors.
- How cognitive functions manifest in relationship dynamics and preferences.
- Real-life examples illustrating cognitive functions in relationship counseling.



## 5. Strategies for Effective Relationship Counseling

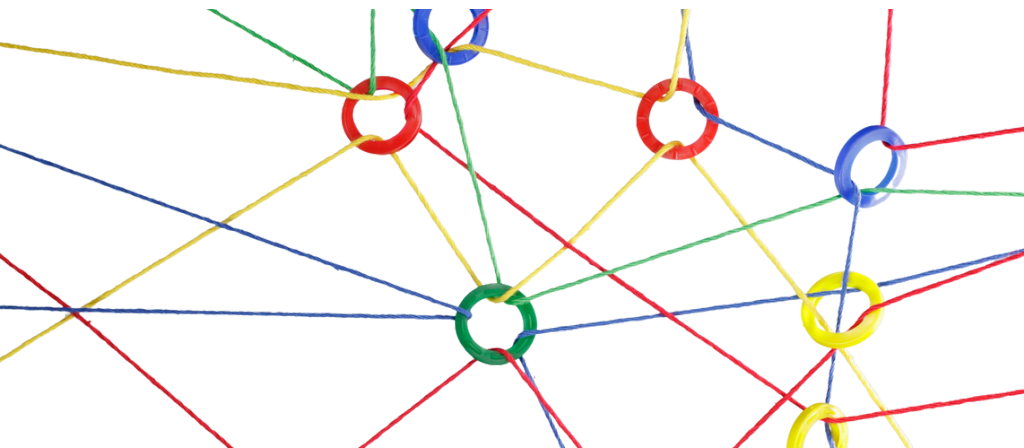
- Techniques for personalizing counseling approaches based on personality type.
- Methods for addressing relationship challenges unique to different personality types.
- Strategies for helping individuals leverage their strengths and overcome relationship challenges.
- Practical tips for creating positive and nurturing relationship environments.

## 6. Fostering Positive Relationship Dynamics

- Techniques for building strong and positive relationships.
- Understanding and addressing the unique needs and preferences of each individual in a relationship.
- Enhancing communication and conflict resolution within relationships.

## 7. Practical Applications in Relationship Counseling

- Case studies and examples showcasing the application of relationship counseling by type in various settings.
- Application of personality insights in different relationship contexts.





# Learning Resources

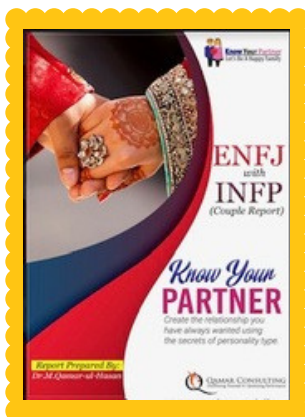
- Infographics and visual aids to help grasp complex concepts.
- Ebooks and articles authored by Dr. Qamar-ul-Hassan and other experts.
- Practical guides for effective relationship counseling.
- Lifetime access to Dr. Qamar's Type Library.





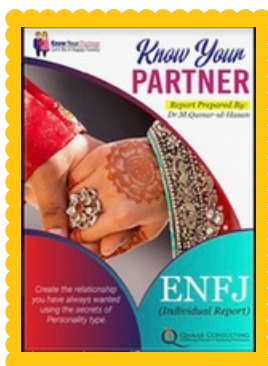


# Learning Resources



## KNOW YOUR PARTNER

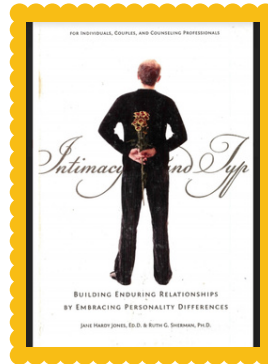
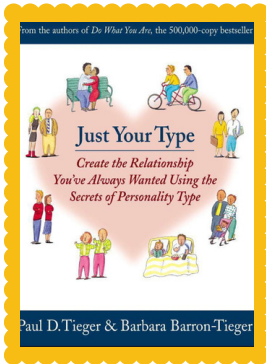
Guide to know your spouses with all possible combinations of types with compatibility report.



## KNOW YOUR PARTNER

Building Enduring Relationships by knowing your partner's type.

# A rich collection from Dr. Qamar's library



## CONTACT INFORMATION

### INTERNATIONAL CERTIFICATION ON RELATIONSHIP COUNSELLING USING TYPE



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