

INTERNATIONAL CERTIFIED TYPE PRACTITIONER

BECOME A PERSONALITY TYPE EXPERT



TYPE TABLE



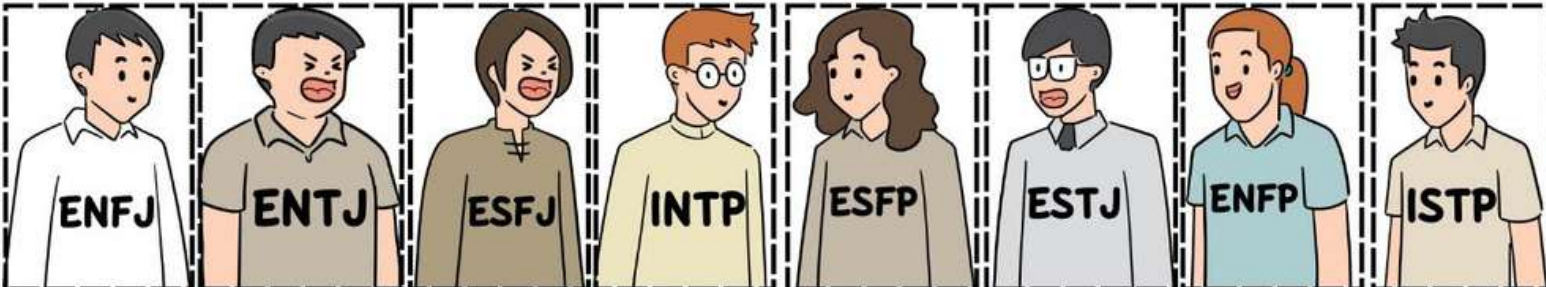
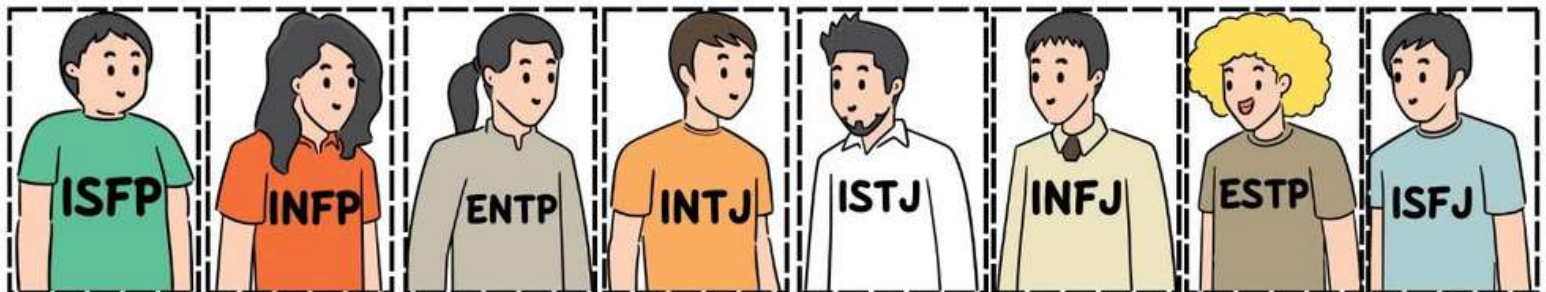
ISTJ Responsible Executors	ISFJ Dedicated Stewards	INFJ Insightful Motivators	INTJ Visionary Strategists
ISTP Nimble Pragmatics	ISFP Practical Custodians	INFP Inspired Crusaders	INTP Expansive Analzers
ESTP Dynamic Mavericks	ESFP Enthusiastic Improvisors	ENFP Impassioned Catalysts	ENTP Innovative Explorers
ESTJ Efficient Drivers	ESFJ Committed Builders	ENFJ Engaging Mobilizers	ENTJ Strategic Directors

Help others
discover the
power of their
personalities





DID YOU KNOW ?



PEOPLE ARE OF 16 PERSONALITY TYPES

PEOPLE ARE DIFFERENT NOT DIFFICULT



I'm only happy with our open plan because they provided focus rooms - where 40% of my work gets done. If we didn't have them, I'd be miserable!

I like being in an open office as it makes it easier to go to my colleagues and ask questions or discuss a topic we are working on.

Other people's noise and enthusiasm distracts me when I need to be quiet.

Having lots of light and plants in the office is important to me.

I loathe open plan Offices...

I have to hot-desk so am not able to have any personal items, which I miss. However I enjoy the opportunity to sit next to someone new every day

INTERNATIONAL CERTIFIED TYPE PROFESSIONAL

The Vision of this certification program is to inculcate the essential knowledge and skills you need to apply the Personality Type insights in different professional settings worldwide. The program contains 7 learning modules. This program prepares you to assess the Personality Types in Individual and group settings using the Five Step Personality Type assessment model developed by Dr Qamar. You will be given Personality Types that can be used in professional practice with real-world clients.

LEARNING APPROACH

- Delivered online, this program embraces the value of experiential learning through out. Supported by a highly interactive training platform – comprises of 7 learning modules. And a few of them facilitated via Zoom. The modules can be completed on your own schedule.
- We estimate that it takes around 24 hours to complete the program.
- The self-guided program allows you to break up your learning into manageable chunks that fit your own schedule.

Most of the time where do you choose to direct your energy?

Extroversion

E Answer: Externally.
You usually direct your energy outdoors towards other people, objects, circumstances, and the world outside of you. You are more of an extrovert. The letter "E" represents this answer.

Introversion

I Answer: Inwardly.
You usually direct your energy inward to thinking and contemplating concepts, information, ideas, principles or beliefs. You are more of an introvert going inside your mind and channeling your energy internally. The letter "I" represents this answer.

How do you take in and act on information?

Sensing

S Answer: Sensing.
You want empirical information, hard facts, detailed data, and knowledge. You want to have a clear and practical understanding of every situation. The letter "S" represents this answer.

Intuition

N Answer: Inwardly.
You would rather follow your gut on things, dive into the unknown, and are open to new things you have not tried before or know little about. You act intuitively. The letter "I" represents this answer.

How do you decide on things and make choices?

Thinking

T Answer: Thinking.
You analyse the information and facts available and calculate the possibilities using cold logic. Then you decide and act on your decision. The letter "T" represents this answer.

Feeling

F Answer: Feeling.
Your decisions are based on what you believe and the things that you value and care for. You act by following the principles you hold onto. This letter "F" represents this answer.

How do you go about organising things around you and your life?

Judging

J Answer: Judging.
This means you want everything in your life to be as well-planned, structured and organised as possible. You prefer things to be stable and predictable. The letter "J" represents this answer.

Perception

P Answer: Perception.
You would rather go with the flow, see how things unfold and turn out, flexibly responding to situations as they come. The letter "P" represents this answer.

TYPE TABLE			
ISTJ "DOING WHAT SHOULD BE DONE" Organized, Compliant, Private, Trustworthy, Hard-nosed, Practical MOST RESPONSIBLE	ISFJ "A HIGH SENSE OF DUTY" Amiable, Altruistic, Kind, Sincere, Ready to Sacrifice, Accountable, Polite, "Doer" MOST LOYAL	INFJ "AN INSPIRATION TO OTHERS" Reflective, Introspective, Quality Career, Creative, Spiritually Gifted, "Psychic" MOST IDEALISTIC	INTJ "EVERYTHING HAS ROOM FOR IMPROVEMENT" Theory Based, Strategic, "My Way", High Need for Competency, Seen Word as Challenge MOST INDEPENDANT
ISTP "READY TO TRY ANYTHING ONCE" Very Observant, Cool and Aloof, Hands-on Practically, Unpretentious, Ready for What, Pragmatic MOST PRAGMATIC	ISFP "SEES MUCH BUT SHARES LITTLE" Warm and Sensible, Unassuming, Short Range Planner, "Good Team Member", In Touch with Self and Nature MOST ARTISTIC	INFP "PERFORMING NOBLE SERVICES TO AID SOCIETY" Sincere, Idealistic Values, Seek Inner Order/Peace, Creative, May Consider, Idealist MOST IDEALISTIC	INTP "A LOVE OF PROBLEM SOLVING" Challenges others to Think, Abstract-minded Professor, Complicated Needs, Socially Cautious MOST CONCEPTUAL
ESTP "THE ULTIMATE REALISTS" Unconventional Approach, Fun, Competitive, Likes to Have and Have-Good at Problem Solving MOST SPONTANEOUS	ESFP "YOU ONLY GO AROUND ONCE IN LIFE" Socialite, Spontaneous, Loves Surprises, Gutsy Best Type, Juggles Multiple Projects/Events, Fun, Mean MOST GENEROUS	ENFP "GIVING LIFE AN EXTRA SQUEEZE" People oriented, Creative, Seeks Harmony, Life of Fun, More Stars than Stripes MOST OPTIMISTIC	ENTP "ONE EXCITING CHALLENGE AFTER ANOTHER" Argues Both Sides of a Point to Learn, Breakthrough, Tests the Limits, Enthusiastic, New Ideas MOST INVENTIVE
ESTJ "LIFE'S ADMINISTRATORS" Order and Structure, Socialite, Organizational, Results Driven, Practical, Traditional MOST HARD CHARGING	ESFJ "HOST AND HOSTESSES OF THE WORLD" Gracious, Good Interpersonal Skills, Thoughtful, Appreciative, Eager to Please MOST HARMONIZING	ENFJ "SMOOTH TALKING PERSUADERS" Charismatic, Compassionate, Persuasive for People, Ignores the Unpleasant, Sensitivity MOST PERSUASIVE	ENTJ "LIFE'S NATURAL LEADERS" Visionary, Organized, Argumentative, Supportive, Take Charge, Low Tolerance for Incompetency MOST COMMANDING



ESTJ

Ambitious
Adventurer

ISTJ

Practical
Leader

INTJ

Innovative
Visionary

ENTJ

Hardworking
Visionary

WHAT IS PERSONALITY?

The personality of human is basically, the combination of nature and nurture. According to Myers-Briggs theory, your personality type is inborn, and it doesn't change.

WHAT IS PERSONALITY TYPE?

The personality types described here were created by Isabel Briggs Myers and her mother, Katharine Briggs, in the 1960's. Their theories were based on the work of psychologist Carl Jung, although they extended his ideas to create a more complete framework of personality typing.

16 Personality Types is a personality framework that provides insight into how a person makes decisions, interacts with other people, and processes information.

WHY IT IS IMPORTANT TO DEVELOP PERSONALITY?

This question is very important that how important is to build a personality for the success of a person. Developing your own personality, which is called self-development or self-help is one of the most famous ways in the world. And many people have been given examples. Steven Covey gave an example that an axe man was cutting a tree, so someone passed by and said "Let me sharp up this axe". The axe man said, I don't have time. I am cutting a tree. Can't you see i am cutting a tree?

Our Personality is the most important resources for our success in the world and universally. So we should make every effort for the development and success of our personality.



ICTP IS THE WORLD'S TOP LEADERSHIP DEVELOPMENT CERTIFICATION

The Self guided International Certified Type Professional (ICTP) Certification Program is an online training course for professionals who wants to become Type Expert & practice applications of type in different professional settings. The overarching goal of the certification program is to help you learn the essential knowledge and skills required to practice as a type practitioner world-wide.

ICTP ENABLES YOU TO CONDUCT PERSONALITY TYPE ASSESSMENT WORKSHOPS USING 5 STEP MODEL. COMMON USES FOR ICTP INCLUDE:



Developing Yourself



Working with teams



Understand stress reactions



Career development



Working relationships



Communication style



Resolving conflict



Leadership style



Teaching Style

ICTP ENABLES YOU TO USE TYPE IN



CAREER GUIDANCE

- Determine how the dominant and auxiliary functions play a vital role in career development.
- Choose the suitable career option using Personality Types insights.



PARENTING COUNSELING

- Understand the Types of kids and their appropriate nurturing styles.
- Develop strengths of unique parenting styles.



RELATIONSHIP COUNSELING

- Understand how to appreciate the contribution of both partners in a relationship. How couple can live a happy marital life.
- Understand each others communication style.



EFFECTIVE TEACHING

- Understand the role of the teacher as a leader developer.
- How to communicate the different subjects with the students in the class room with different learning styles.



LEADER DEVELOPMENT

- Learn to increase productivity and well-being of personnel In organizations. Learn the art of optimal leader development.
- The corporate and HR members will learn the techniques to deal with different Personality Types and how to make an effective team.

WHY SHOULD YOU ENROLL IN THIS CERTIFICATION PROGRAM?



By training to become an ICTP Certified Type Professional, you'll gain the knowledge, skills, and tools to help others improve their self-awareness and make constructive use of personality differences. You'll also learn how to use the 5 Step Model framework with teams and organizations to boost performance and enhance their communication, decision-making, collaboration, and more.

Explore the 5 Step Model framework and learn how personality preferences affect our personal and professional relationships.

Deliver more effective employee development sessions with a greater understanding of your people, teams, and organization.

Enhance the onboarding process for new hires with insight into their personality preferences.

Help students discover how their personality preferences relate to choices for their education and future career paths.

Grow professionally with access to—and insight into—the world's most widely used personality assessment, so that you can help others be their best.

INTERACTION OF THE MBTI FUNCTION PAIRS AND THE TKI CONFLICT MODES				
Conflict Mode	STs	SFs	NFs	NTs
Competing	Stress specific facts as vital	Consider the impact on people tremendous	Strive to help people grow	Innovate to make systems better
Collaborating	Collect a wealth of information	Want to serve people on both sides accurately	Ultimately seek harmony	Brainstorm for the best possible solution
Compromising	Use data to justify important positions	Believe everyone can benefit if facts are shared	Want to understand the concerns of both parties	Will split the difference to be fair
Avoiding	Resisting change that lacks meaning	Don't want to hurt anyone's feelings	Hope the issue will blow over	May rebel if they don't get their way
Accommodating	Will yield in the absence of supporting data	Will change first if more people will benefit	Will agree to take one for the team	Will lose the battle to win the war

MODULES

1. International Certification On Personality Type Assessment



Estimated Time duration: 12 hours

2. International Certification On Teaching By Type



Estimated Time duration: 2 hours

3. International Certification On Using Type In Career Counselling



Estimated Time duration: 2 hours

4. International Certification On Parenting By Type



Estimated Time duration: 2 hours

5. International Certification On Relationship Counseling Using Type



Estimated Time duration: 2 hours

6. International Certification On Using Type In Life Coaching



Estimated Time duration: 2 hours

7. International Certification On Using Type In Organization



Estimated Time duration: 2 hours

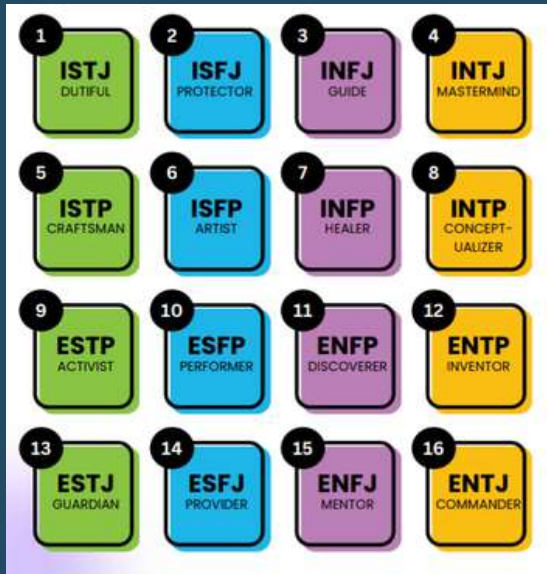


PERSONALITY TYPE GUIDE

Rationalist	ENTJ THE COMMANDER Opinionated Confident Forceful	INTJ THE MASTERMIND Innovative Theoretical Self-assured	ENTP THE VISIONARY Intelligent Inquisitive Passionate	INTP THE THINKER Logical Inventive Thoughtful
Romantic	ENFJ THE GIVER Goal-oriented Charismatic Open-minded	INFJ THE COUNSELOR Idealist Compassionate Reserved	ENFP THE CHAMPION Gregarious Enthusiastic Impulsive	INFP THE HEALER Quiet Idealistic Considerate
Defender	ESTJ THE SUPERVISOR Orderly Dependable Commanding	ISTJ THE INFLECTOR Traditionalist Reliable Detail-oriented	ESFJ THE PROVIDER Helpful Judgemental Social	ISFJ THE NURTURER Humble Sensitive Tough
Creator	ESTP THE DOER Energetic Practical Flamboyant	ISTP THE CRAFTSMAN Insightful Realistic Autonomous	ESFP THE PERFORMER Indulgent Spontaneous Approachable	ISFP THE COMPOSER Modest Open-minded Creative



INTERNATIONAL CERTIFICATION ON PERSONALITY TYPE ASSESSMENT USING 5 STEP MODEL



This 5-STEP Model of Personality Type Assessment is developed by Dr. Muhammad Qamar ul Hassan. He is the Founding Expert of Personality TYPE & TYPE-Based innovations in Pakistan. He has 17 years of experience helping industry leaders and aspiring professionals identify and develop their Personality Types and use Personality Type insights to live happy, healthy, contented, and prosperous lives. Dr. Qamar has been privileged to provide Type-based innovative solutions to over 500,000 individuals from Pakistan's 70 leading organizations.

WHAT IS A PREFERENCE?

DISCOVER THE PREFERENCE IN THE FIRST DICHOTOMY OF E & I

DISCOVER THE PREFERENCE IN THE FIRST DICHOTOMY OF S & N

DISCOVER THE PREFERENCE IN THE FIRST DICHOTOMY OF T & F

DISCOVER THE PREFERENCE IN THE FIRST DICHOTOMY OF J & P

KEY HIGHLIGHTS

The vision of this certification program is to inculcate the essential knowledge and skills you need for Personality-Type insights. The program contains 5 learning modules. This program prepares you to assess the Personality-Type in Individual and group settings using the Five Step Personality-Type assessment model developed by Dr. Qamar. The overarching goal of the certification program is to help you learn the essential knowledge and skills required to become assessor personality type assessment expert world-wide.

What You will get:

Reference Booklets

THE SUPERVISOR ESTJ
Order and structure sociable opinionated result driven producer traditional

THE DOER ESTP
Unconventional approach fun lives for here and now good at problem solving

THE DISCOVERER ENFP
People oriented creative seeks harmony life of party more starts than finishes

5 Step Model To Discover Personality Type

5 Step Model To Discover Psychological Type

By Dr. Qamar ul Hassan

16
INFOGRAPHICS

POTENTIAL STRENGTHS

TOP CAREERS

INFP THE IDEALIST

ISFP THE ARTIST

ESTJ THE SUPERVISOR

ENFJ THE MENTOR

16
INFOGRAPHICS

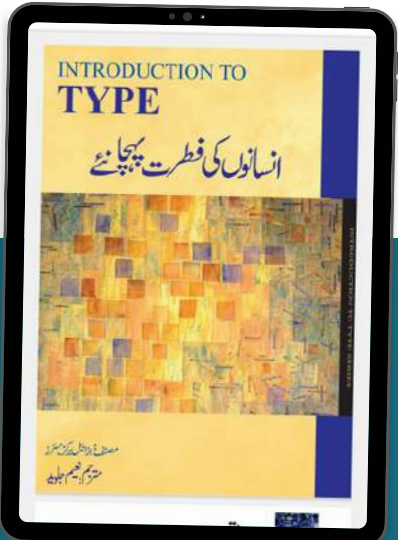
مرحلہ نمبر 2

Introversion (Introversia) کے پیکرہ اور انکالات سگ

Extroversion (Extroversia) کے پیکرہ اور انکالات سگ

انٹروورٹ	ایکسٹروورٹ
انٹروورٹس محاورے اور بات چیت سے گریز کرتے ہیں۔	ایکسٹروورٹس بات چیت سے لگن رکھتے ہیں۔
انٹروورٹس اپنے وقت کو تنہا گزارنے کو پسند کرتے ہیں۔	ایکسٹروورٹس اپنے وقت کو معاشرے میں گزارنے کو پسند کرتے ہیں۔
انٹروورٹس اپنے کام کو سنجیدگی سے لیتے ہیں۔	ایکسٹروورٹس اپنے کام کو مزے سے لیتے ہیں۔
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Discover your Personality Type with 5 Step Model



INTERNATIONAL CERTIFICATION ON USING TYPE IN CAREER COUNSELLING

The Type-Based Career Counseling Module is specifically designed for Career Counselors to facilitate them in reaching all of their career goals by understanding and managing human differences and their goals according to their Type difference. After attending this Module, people will be able to understand themselves and identify their innate career goals, which will overcome the issue of disconnections between individuals and their success. The vision of this module is to inculcate the essential knowledge and skills you need to apply the Personality Type insights in the profession of Career Counseling.

- Discover Your Counseling Style
- Understand Personality-Type & Learning Style
- Personality-Type & Effective careers
- Personality-Type Effective career counseling Strategies



LEARNING OUTCOMES

- Work in Preferred Style and Environment.
- Learn the best Communication Style according to the Type of people.
- Discover Own preferred career according to Personality- Type.
- Identify Gaps that are the reasons for achieving their career goals
- Discover Different 'Types' of career according to the Personality-Type
- Choose the suitable career option using Personality -Type insights.
- Learn to cater to different learning needs for career goals.
- Use 5 step model to flex their achievements towards goals.

ISTJ the inspector 	ISFJ the protector 	INFJ the counselor 	INTJ the mastermind 
ISTP the craftsman 	ISFP the composer 	INFP the healer 	INTP the architect 
ESTP the dynamo 	ESFP the performer 	ENFP the champion 	ENTP the visionary 
ESTJ the supervisor 	ESFJ the provider 	ENFJ the teacher 	ENTJ the commander 



What You will get:

Reference Booklets



Career guidance reports based on Personality TYPE (MBTI)

BRIEF & DETAILED DOWNLOADABLE REPORTS OF ALL 16 PERSONALITY TYPES



Success is guaranteed when a career meets nature



INTERNATIONAL CERTIFICATION ON RELATIONSHIP COUNSELING USING TYPE

This Module is specifically designed to facilitate people to understand & manage the human differences by identifying the Personality-Type; after learn this Module, people will be able to understand themselves and people around them. The objective of this Module is to make people able to counsel and encourage their relations through Personality-Type and to make their lives better in terms of wellness, and life goals. The vision of this Module is to inculcate the essential knowledge and to apply Personality-Type insights in every relation of life.

- Personality-Type and Relationship
- Parenting by Personality-Type



16 PERSONALITY TYPES

DUTIFUL ISTJ Practical, Realistic, Sensible, Systematic, Detached & Reasonable	PROTECTOR ISFJ Practical, Realistic, Concrete, Specific, Kind & Sensitive.	GUIDE INFJ Insightful, Visionary, Idealistic, Complex & Deep	MASTERMIND INTJ Insightful, Creative, Conceptual, & Long Range Thinkers
CRAFTSMAN ISTP Practical, Realistic, Factual & Pragmatic	ARTIST ISFP Trusting, kind, Sensitive Gentle & Observant	HEALER INFP Concerned, Caring, Idealistic, Curious & Creative	CONCEPTUALIZER INTP Logical, Analytical, Objectively, Critical & Insightful
ACTIVIST ESTP Observant, Practical, Realistic, Rational, Problem Solvers, Straightforward & Assertive	PERFORMER ESFP Practical, Specific, Active, Generous, Optimistic, Persuasive, Sympathetic, & Tactful	DISCOVERER ENFP Curious, Creative, Imaginative, Energetic, Spontaneous, & Cooperative.	INVENTOR ENTP Creative, Imaginative, Clever, Conceptual, Assertive & Questioning.
GUARDIAN ESTJ Practical, Realistic, Objectively critical, Decisive, Assertive, Systematic, Pragmatic.	PROVIDER ESFJ Warm, Sympathetic, Helpful, Personable, Tactful, Down to Earth, Thorough & Consistent	MENTOR ENFJ Compassionate, Supportive, Loyal, Trustworthy, Imaginative & Creative.	COMMANDER ENTJ Analytical, Logical, Decisive, Clear, Assertive, Conceptual, Global thinker & Planner.

LEARNING OUTCOMES

- Understand how to appreciate the contribution of both partners in their relationship.
- Understand each other's communication style.
- How couple can live a happy marital life.
- Understand the Personality-Type of kids and their appropriate nurturing style.
- Develop strengths of unique parenting styles.
- Identify the strengths and weaknesses of the kids.

What You will get:

Reference Booklets



16
REPORTS

Couple Compatibility Reports based on Personality TYPE (MBTI)

DETAILED DOWNLOADABLE REPORTS

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REPORTS



Build Effective Relationship Using Type



INTERNATIONAL CERTIFICATION ON TEACHING BY TYPE



















Personality-Type based Teaching Module is specifically designed for teachers in order to facilitate them to reach the students to understand and manage the human differences; after attending this Module, teachers will be able to understand themselves and identify their innate teaching style that can be managed which will overcome issue of disconnections between teachers and students & lower level of learning among students. Teachers will learn to accommodate their students by having different Learning Styles, through which creative learning and understanding can take place, which will result in the well being & success of students and institutions.

- Discover Your Teaching Style
- Understanding Types of Student and their Learning Styles
- Type Based Effective Teaching Strategies
- Understanding the Role of Personality Types in Human Development

LEARNING OUTCOMES

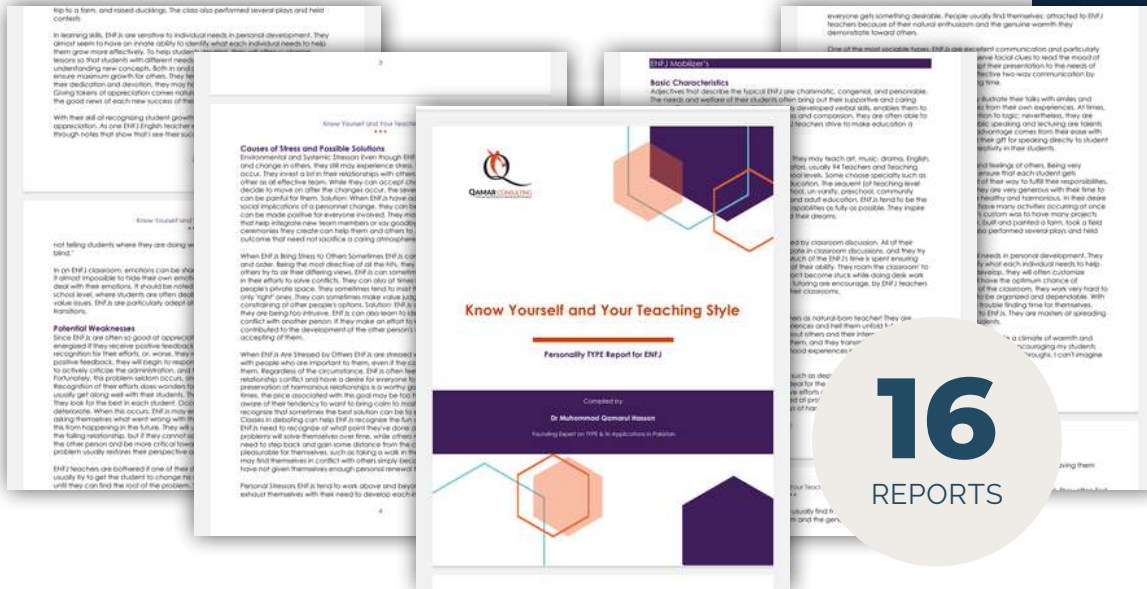
- Develop a clear understanding of their behaviors based on Personality-Type
- Understand their teaching style.
- Understand the different Personality-Type of students and how they differ in their learning styles
- Flex their teaching style to accommodate all 16 Personality-Type of student learning styles to increase their teaching effectiveness in class
- Increase overall teaching effectiveness and motivation of students to enhance the learning process and class performance using Personality Type insights.

16 TYPES OF TEACHING STYLE

ISTJ Inspector 	ISFJ Protector 	INFJ Developer 	INTJ Planner 
ISTP Trouble-shooter 	ISFP Composer 	INFP Questor 	INTP Definer 
ESTP Promoter 	ESFP Entertainer 	ENFP Enthusiast 	ENTP Innovator 
ESTJ Adminis- trator 	ESFJ Caretaker 	ENFJ Mobilizer 	ENTJ Director 

What You will get:

Reference Booklets

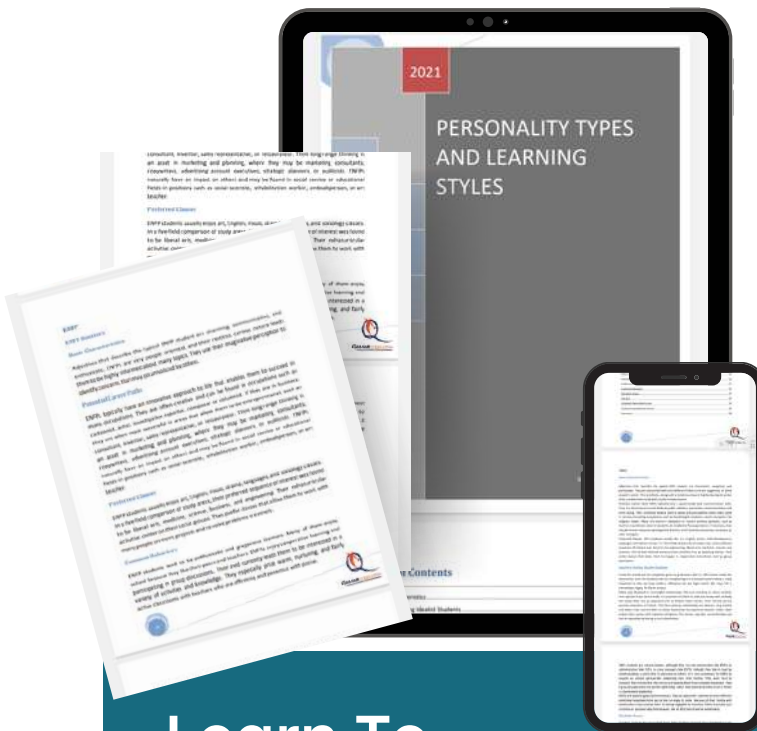


16
REPORTS

Teaching & Learning Style Reports based on Personality TYPE (MBTI)

DETAILED DOWNLOADABLE REPORTS

16
REPORTS



Learn To Accommodate All Personality Types While Teaching and Learning



INTERNATIONAL CERTIFICATION ON USING TYPE IN ORGANIZATION

The Personality-Type-based application Module is specifically designed for HR professionals to facilitate them in reaching all of their career goals by understanding and managing human differences and their goals according to the Personality-Type difference. After attending this module, people will be able to understand themselves and identify their innate career goals, which will overcome the issue of disconnections between individual and their success.

- Using Personality-Type in Recruitment
- Using Personality-Type In Training & Leadership
- Personality-Type and Leadership
- Using Personality-Type in Effective Management



LEARNING OUTCOMES

- Use Personality-Type-based insights for action planning with teams and work groups.
- Learn how to hire the best candidates for the required position according to their Personality Type.
- How to train the individuals to achieve the required target according to Personality-Type. How to lead their team in the best way.
- The corporate and HR professionals will learn the techniques to deal with different problems.
- Learn to adapt and flex the role of different Personality Type in their workplace.
- Improve their Decision-Making Style to increase the productivity of individuals.
- Learn to increase the productivity and well-being of personnel In organizations.
- Identify the Personality-Type and how to make an effective team.
- Learn the art of an ideal leader development.
- Understand how your team members prefer to work and collaborate with others efficiently and effectively.



COMMUNICATION BY TYPE			
ST	SF	NF	NT
What They Want to Hear?			
Exactly what is expected of them	Personal encouragement for achievements	Support for unique contribution	Credible information from a competent source
Logical and factual evidence of performance on the task	How they can practically help others	Possibilities and viewpoints rather than specific directions	Logical options for improvements
Giving Feedback			
Be direct and to the point	Celebrate contributions	Value and encourage diversity	Believe everything can be improved
Spot flaws and have specific standards	Support the individual in their progression at work	Nurture growth and personal development	Highly regard competence in

What You will get:

Reference Booklets



16
REPORTS

Employee Profiling Reports



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REPORTS



16
REPORTS

Flex Communication Reports

Managing creativity and Innovation at Workplace Reports



16
REPORTS

Effective Business Decision Making Reports

What You will get:

Reference Booklets



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REPORTS

Developing High Performance Team Reports



16
REPORTS

Agile Change Management Reports



16
REPORTS

Maximizing Employee Retention Using Psychological TYPE Reports

ISTJ Responsible Executors	ISFJ Dedicated Stewards	INFJ Insightful Motivators	INTJ Visionary Strategists
ISTP Nimble Pragmatics	ISFP Practical Custodians	INFP Inspired Crusaders	INTP Expansive Analyzers
ESTP Dynamic Mavericks	ESFP Enthusiastic Improvisors	ENFP Impassioned Catalysts	ENTP Innovative Explorers
ESTJ Efficient Drivers	ESFJ Committed Builders	ENFJ Engaging Mobilizers	ENTJ Strategic Directors

What You will get:

Reference Booklets



16
REPORTS

Improving Sales and Customer Relationship using MBTI Reports



16
REPORTS



16
REPORTS

Developing Emotional Intelligence - Tactics and Techniques Reports

Happiness At Work By Managing Stress Reports

<p>E Extroverts are energized by people, enjoy a variety of tasks, a quick pace, and are good at multitasking.</p>	<p>S Sensors are realistic people who like to focus on the facts and details, and apply common sense and past experience to come up with practical solutions to problems.</p>
<p>I Introverts often like working alone or in small groups, prefer a more deliberate pace, and like to focus on one task at a time.</p>	<p>N Intuitives prefer to focus on possibilities and the big picture, easily see patterns, value innovation, and seek creative solutions to problems.</p>
<p>T Thinkers tend to make decisions using logical analysis, objectively weigh pros and cons, and value honesty, consistency, and fairness.</p>	<p>J Judgers tend to be organized and prepared, like to make and stick to plans, and are comfortable following most rules.</p>
<p>F Feelers tend to be sensitive and cooperative, and decide based on their own personal values and how others will be affected by their actions.</p>	<p>P Perceivers prefer to keep their options open, like to be able to act spontaneously, and like to be flexible with making plans.</p>

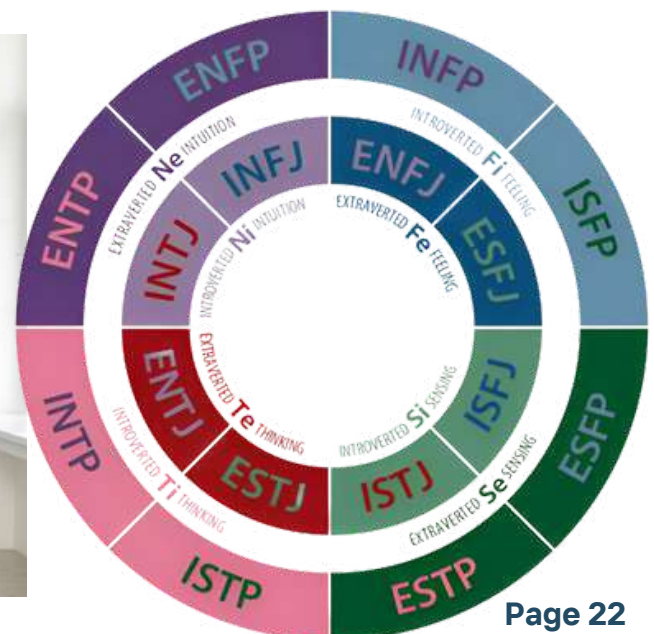
INTERNATIONAL CERTIFICATION ON USING TYPE IN LIFE COACHING

This Module is specifically designed for life coaches to facilitate people to understand and manage the human differences by identifying the Personality Type; after attending this certification, life coaches will be able to understand themselves people around them. The objective of this module is to make life coaches able to counsel and encourage their clients through Personality-Type and to make their lives better in terms of wellness, finances, and other career and life goals. Develop a clear understanding of their behaviors based on Personality Type. Understand the preferences. Understand the different Personality Type & how they differ in their learning styles. Flex their style to accommodate 16 Personality-Type of people learning styles to increase their effectiveness in life.

- Personality-Type and Career Development
- Personality-Type Based Effective Career Counseling
- Personality-Type and Relationship
- Parenting by Personality-Type Assessment

After attending the Personality-Type Based Course, the participants will be able to learn and use Personality-Type insights to

- Choose the suitable career option using Personality-Type insights.
- Learn how to set goals for their successful career by using Personality-Type assessment method.
- To make individuals capable to learn effective strategies for their career.
- How Personality-Type is important to understand the reasons for conflicts among partners.
- How to manage the partner's expectations to ensure a happy marital life by identifying their Personality-Type.
- Why Personality-Type is important for parents and their parenting styles.
- How this Personality-Type effects children and how parents can better nurture their kids in different life stages.



What You will get:

Reference Booklets

16
REPORTS

16
REPORTS

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Discover and Understand Yourself reports based on Personality TYPE (MBTI)

TYPE TABLE			
ISTJ "DOING WHAT SHOULD BE DONE" Organizers, Compliant, Private, Trustworthy, Rules'n Regs - Practical MOST RESPONSIBLE	ISFJ "A HIGH SENSE OF DUTY" Amiable, Works Behind the Scenes, Ready to Sacrifice, Accountable, "Prefers" Doing" MOST LOYAL	INFJ "AN INSPIRATION TO OTHERS" Reflective/Intropective, Quietly Caring, Creative, Injusticially Gifted, Psychic MOST IDEALISTIC	INTJ "EVERYTHING HAS ROOM FOR IMPROVEMENT" Theory Based, Skeptical, "My Way", High Need for Competency, Sees Worst in Character MOST INDEPENDANT
ISTP "READY TO TRY ANYTHING ONCE" Warm and Sensible, Unassuming, Short Range Planner, Good Team Member, In Touch with Self and Nature MOST PRAGMATIC	ISFP "SEES MUCH BUT SHARES LITTLE" Warm and Sensible, Unassuming, Short Range Planner, Good Team Member, In Touch with Self and Nature MOST ARTISTIC	INFP "PERFORMING NOBLE SERVICES TO AID SOCIETY" Sincere, Personal Values, Seek Inner Order/Peace, Creative, Non Directive, Reserved MOST IDEALISTIC	INTP "A LOVE OF PROBLEM SOLVING" Challenges others to Think, Abstract-minded Preference, Competency Needs, Socially Cautious MOST CONCEPTUAL
ESTP "THE ULTIMATE REALISTS" Unconventional Approach, Fun, Gregarious, Lives for Here and Now, Good at Problem Solving MOST SPONTANEOUS	ESFP "YOU ONLY GO AROUND ONCE IN LIFE" Sociable, Spontaneous, Loves Surprises, Cuts Red Tape, Juggles Multiple Projects/Events, Quip Master MOST GENEROUS	ENFP "GIVING LIFE AN EXTRA SQUEEZE" People oriented, Creative, Seeks Harmony, Life of Part, More Starts than Finishes MOST OPTIMISTIC	ENTP "ONE EXCITING CHALLENGE AFTER ANOTHER" Argues Both Sides of a Point to Learn, Unconventional, Tests the Limits, Enthusiastic, New Ideas MOST INVENTIVE
ESTJ "LIFE'S ADMINISTRATORS" Order and structure, Sociable, Organized, Results Driven, Producer, Traditional MOST HARD CHARGING	ESFJ "HOST AND HOSTESSES OF THE WORLD" Gracious, Good Interpersonal Skills, Thoughtful, Appropriate, Eager to Please MOST HARMONIZING	ENFJ "SMOOTH TALKING PERSUADERS" Charismatic, Compassionate, Possibilities for People, Ignores the Unpleasant, Heuristic MOST PERSUASIVE	ENTJ "LIFE'S NATURAL LEADERS" Visionary, Unconventional, Argumentative, Systemic Planners, Take Charge, Low Tolerance for Incompetency MOST COMMANDING



INTERNATIONAL CERTIFICATION ON PARENTING BY TYPE

Personality-Type based Parenting Module is specifically designed for Relationship Counselor in order to facilitate parents to reach their kids to understand and manage the human differences; after attending this module, parents will be able to understand themselves and identify their innate parenting style that can be managed which will overcome the issue of disconnections between parents and kids & lower level of learning among kids. Parents will learn to accommodate their kids by having different Learning Styles, through which creative learning & understanding can take place, which will result in the wellbeing & success of kids.

- Discover Yourself and Your Parenting Style
- Understand Type Of kids and Their Learning Style
- Personality-Type Effective Parenting
- Type Based Effective Parenting Strategies



After attending the Personality-Type Based parenting Certification, the participants will be able to learn and use Personality-Type insights to:

- Develop a clear understanding of their behaviors based on Personality-Type
- Understand their parenting style.
- Understand the different Personality-Type of kids and how they differ in their learning styles
- Flex their parenting style to accommodate all 16 Personality-Type of kids learning styles to increase their parenting effectiveness.
- Increase overall parenting effectiveness and motivation of kids to enhance the learning process and class performance using Personality-Type insights.
- Parenting Gaps
- Different 'Personality-Type' of kids.
- Different Learning Style of kids.
- Motivational needs of kids according to their 'Personality-Type'.
- To learn how to connect with different Personality-Type of kids.
- To make parents able to learn effective strategies for parenting.

What You will get:

Reference Booklets



Parenting Style & Understand Your Kids Reports based on Personality TYPE (MBTI)

DETAILED DOWNLOADABLE REPORTS

16
REPORTS



Learn how to Nurture children as according to their Nature



COURSE OUTCOME

- How to successfully administer the 5 Step Model for Personality Type Assessment.
- Your own personality preferences—and what they mean for your personal and professional relationships.
- How to deliver feedback and personality insights for individual and team development, career coaching, and more.
- Technical aspects of the 5 Step Model for assessment, including reliability and validity.
- How preferences combine dynamically to add depth and understanding to personality differences.
- Practical, ethical, and effective uses in business, government, the military, educational institutions, and beyond.

BENEFITS

Better self-understanding and understanding of others

To help people become better communicators, develop their leadership skills.

To identify developmental opportunities for people, leaders, and teams.

How to administer and interpret 5 Step Model Assessment for individuals and teams.

To help people effectively resolve conflict, and enhance teamwork.

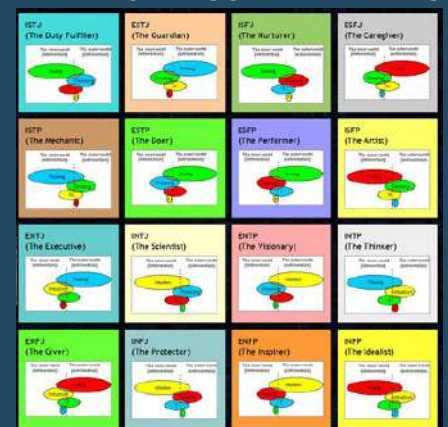




WHO SHOULD ATTEND ICTP ?

- Trainer
- Psychologist
- Relationship Counselor
- Corporate Leaders
- Life Coach
- Career Counselor
- Educationist
- Group leader
- Member of human resource department

TYPE DYNAMICS OF 16 PERSONALITY TYPES



WHAT WILL YOU GET

- Pocket guide to understand self & others
- Reference reading material booklet
- Participation certificate

PROGRAM OUTLINE

The program contains 16 learning modules. This program prepares you to assess the Personality Personality-Type in Individual and group settings using the Five Step Personality Personality-Type Assessment model developed by Dr. Qamar. You will be given Personality Personality-Type certification that can be used in professional practice with real-world clients.

SELF-PACED LEARNING

These learning modules include a range of text documents, online interactive activities, and many important booklets to be used in your practice with Dr Qamar ul Hasaan..

HOW IT WORKS

Dr Qamar UI Hassan has devised the ICTP (International Certified Type Professional) in a way that makes it easier to learn. There are learning modules which you can read according to your pace. Each module can be learned through the document you will receive after the subscription. When you are in the course program, you'll have the opportunity to discuss your learning later. If you have questions, they will be answered by Dr Qamar UI Hassan.

TO BECOME AN ICTP CERTIFIED PRACTITIONER, YOU NEED TO

- Complete all the learning modules.
- Complete all the learning assignments, including practicing the feedback and one short follow-up discussion.
- Pass the written exam with a result of 80% or more. You will have two attempts to pass the exam. If you don't pass the exam on your first attempt, our learning team will be in touch to discuss your next steps.

NOTE TO FOLLOW

The total time required to complete this program is 3 months, including online/offline learning assignments. This course consists of text documents, PPT and Personality-Type booklets along with video lectures that you can use to attempt the exam if you have any questions during the program you can ask anytime.



Testimonials

Happy customers are our true wealth

Syed Ahmad,
CEO DPL



had the pleasure of attending Dr. Qamar's session on Communicating Effectively by TYPE. It was truly an eye-opener. Ever since I have been practicing the science of TYPE-Based communication with my colleagues, I have noticed a great change. Now we can easily work in teams. I am looking forward to attending his trainings in future.

Farrukh Rasheed,
HR Head HUBCO



Dr. Qamar is a remarkable man. His insight into human psychology is commendable. My entire team & I are grateful to him for helping us manage our work & relationships more effectively. I highly recommend others to contact Dr. Qamar ul hassan for TYPE based trainings.

Anwar Goplani,
HR Head CDC



Qamar is an out of the box thinker and has always discovered unconventional solutions for everyday problems. I greatly admire his expertise on human nature. Like me, he has helped many industry leaders in managing their workforce through TYPE guessing. It has been an absolute delight to know him personally

Our Portofolio

We are providing TYPE-based personality development and enhancement in Pakistan since 2005. We have trained more than 50,000 students to use the TYPE in the process of their career selection. We have instructed many teachers, trainers, coaches & motivational speakers to incorporate the TYPE in their profession.





QAMAR
CONSULTING



PORTFOLIO

P R E V I O U S P R O J E C T S



ABOUT US

We are providing TYPE-based personality development and enhancement in Pakistan since 2005. We have trained more than 50,000 students to use the TYPE in the process of their career selection. We have commenced the training session on TYPE-based development programs in Pakistan with a vision to accommodate the TYPE in all organizations so that people should be understood rather than being judged. We have instructed many teachers, trainers, coaches, and motivational speakers to incorporate the TYPE in their profession. We received the best training company award in 2018 by WHO IS WHO because of our innovative endeavours in Pakistan.

ABOUT DR. QAMAR

Dr. Qamar ul Hassan has worked with many organizations and institutes in the field of leadership development and employee management. He successfully implemented TYPE (MBTI) based performance improvement solutions in Pakistan's private and public sectors. Over the years, he has trained many professionals and students from Pakistan's renowned organizations and reputable universities. Dr. Qamar has had the honor of launching for the first time in Pakistan the innovative and life-changing services like; Know Yourself (a self-development program), TYPE-based career management and type-based relationship management practices. He has successfully trained over 50,000 students and professionals from 70 different organizations and institutes. He is also a researcher and has had the privilege of presenting his research work at international conferences in Dubai, Cairo, and Chennai.

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Founding Expert
of Personality
TYPE



Achievement

Dr. Qamar has had the honor of launching for the first time in Pakistan the innovative and life-changing services like; Know Yourself (a self-development program), TYPE-based career management, and type-based relationship management practices.

He has successfully trained over 50,000 students and professionals from 70 different organizations and institutes. He is also a researcher and has had the privilege of presenting his research work at international conferences in Dubai, Cairo, and Chennai.

500,000+

Professionals
Trained

80+

Corporate
Organizations





Satisfied Clients

Partners in Our Journey of Accommodating Personality Type in the Society.



INSTITUTE FOR TYPE DEVELOPMENT



British High Commission Islamabad



Partners

Dubai

iConic
Training Institute

 **DESERT SIDE**
TRAINING INSTITUTE

Australia



INSTITUTE FOR TYPE DEVELOPMENT

Pakistan



 **QASIM ALI SHAH**
FOUNDATION

America

The 
Myers-Briggs
Company



CAPT
Center for Applications
of Psychological Type

INTERNATIONAL CERTIFIED TYPE PROFESSIONAL

**PROGRAM BY
DR. QAMAR UL HASSAN**



MORE INFORMATION

 **+92 321 8944246**

 **www.drqamar.com**

REGISTER YOURSELF NOW!

The image shows three overlapping promotional flyers for the ICTP certification program. The top flyer is titled "BECOME A PERSONALITY TYPE EXPERT" and features a woman's portrait. The middle flyer is titled "BECOME A PERSONALITY TYPE EXPERT" and lists the program's suitability for various professionals. The bottom flyer is titled "BECOME A PERSONALITY TYPE EXPERT" and includes contact information and a "REGISTER NOW" button.

BECOME A PERSONALITY TYPE EXPERT

WITH OUR CERTIFICATION PROGRAM INTERNATIONAL CERTIFIED TYPE PROFESSIONAL

ARE YOU INTERESTED IN HELPING OTHERS TO DISCOVER THE POWER OF THEIR PERSONALITY?

INTERNATIONAL CERTIFIED TYPE PROFESSIONAL

ICTP (INTERNATIONAL CERTIFIED TYPE PROFESSIONAL) CERTIFICATION PROGRAM IS SUITABLE FOR:

- HR Professionals
- Organizational Development Professionals
- Trainers and Educators
- Management Consultants
- Executive Coaches
- Career Counsellors
- Family Counsellors
- Academics / Scholars
- Life Managers

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BECOME A PERSONALITY TYPE EXPERT

WE ARE NOW OFFERING OUR SELF-GUIDED ONLINE INTERNATIONAL CERTIFIED TYPE PROFESSIONAL CERTIFICATION PROGRAM WITH THE FLEXIBILITY AND SUPPORT OF OUR TRAINING EXPERTS TO BECOME AN INTERNATIONAL CERTIFIED TYPE EXPERT.

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