



QAMAR CONSULTING
Discovering Potential & Optimizing Performance

CAREER REPORT

Dr Qamar ul Hassan

INFJ

INFJ Introvert, Intuitive, Feeling, Judging

Potential Strengths

INFJs are complex, creative people with deep feelings and strong convictions that guide their lives. They are fascinated with original ways of looking at the world and are inspired by innovation and the chance to solve problems in creative ways. They are good at leading others toward positive changes with their gentle yet unswerving example. INFJs use their own inner vision to find meaning and new possibilities all around them.

Often somewhat reserved, INFJs have a capacity for great warmth and empathy but are most comfortable sharing those feelings once they feel they know the person. They are thoughtful and careful decision-makers, often needing plenty of time to reflect on issues in depth and consider the many implications before taking action. Bound by their convictions, INFJs are people of great integrity, willing to face resistance from others without backing down. They value harmony and cooperation and use praise and affirmation to motivate and win the loyalty of others.

Potential Weaknesses

Because INFJs are so committed to their ideas and vision even when others disagree, they can be stubborn and single-minded. They are most excited by their own unique ideas. They can become frustrated when they finally realize that their ideas are not workable. They are least interested in details and may not bother to notice the realities around them. They need to pay close attention to their facts to avoid making mistakes in judgment.

Since INFJs are very aware of the feelings of others, they are sensitive to criticism and adversely affected by unresolved tension or unhappiness. Because INFJs have such passionate feelings, they can be very strong-willed and may run the risk of being judgmental and rigid in their views. Once they've made up their minds, they sometimes have trouble seeing any conflicting information.

As An INFJ, I Am Good At...

Seeing new ways of approaching problems and generating lots of options

Using creativity in myself and encouraging it in others

Expressing my ideas in ways that excite and inspire others

Understanding complicated issues and simplifying them for others

Creating and maintaining a harmonious and caring team spirit

Listening to the concerns of others and helping them see alternatives

I Need To Watch My Tendency To...

Spend more time considering possibilities than acting on them

Ignore the less interesting but important practical concerns

Not admit I'm wrong and resist changing directions midstream

Focus only on my goal and miss other opportunities along the way

Express my values in ways that pass judgment on others

Be inflexible about plans and arrangements

What I Need In A Career For It To Be Satisfying

1. Work that I believe in which lets me use my imagination and creativity daily.
 2. A caring and supportive environment where I am encouraged to learn, grow, and develop my talents and skills.
 3. The opportunity to work on a variety of issues, creating new programs, services, or solutions to challenging problems that help others.
 4. Environment where my integrity is respected and where I am appreciated for my unique contributions.
 5. Plenty of time to prepare and produce work I am proud of, organize my own time, and retain control and responsibility for my projects.
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Some Popular INFJ Careers To Consider

- Career counselor
 - Director: social services
 - Fine artist
 - Psychologist
 - EAP coordinator/counselor
 - Librarian and archivist
 - Teacher: humanities/arts
 - Job analyst
 - Playwrite and poet
 - Health care administrator
 - Social scientist
 - Novelist
 - Mediator/conflict-resolver
 - Social worker
 - Literary agent
 - Educational consultant
 - Desktop publisher
 - Interior designer
 - Priest/clergy/monk/nun
 - Human resource manager
 - Grant coordinator
 - Philanthropic trust director
 - Marketer (ideas/services)
 - Museum curator
 - Director of religious education
 - Organizational consultant
 - Substance abuse counselor
 - Holistic health practitioner
 - Educational software developer
 - Public health educator
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Recommendations For The Job Search

Using My Strengths, I Excel. When I:

- 1.Thoughtfully plan out and carefully organize my career goals
- 2.Follow through with all phases of the job search
- 3.Use my creativity to develop innovative ways of presenting myself
- 4.Use my network of people I know well to find out about opportunities
- 5.Anticipate the needs of employers and create a job that meets them

Avoiding My Weaknesses, I Need To:

- 1.Pay closer attention to the details and facts
 - 2.Ask more questions, being sure I know enough before making a decision
 - 3.Be realistic about how long the job search may take
 - 4.Be willing to contact people I do not know
 - 5.Consider objective information, not just how I feel when making decisions
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Additional Careers Choices for INFJs

COUNSELING / EDUCATION

- Developmental psychologist
- Child welfare counselor
- Substance abuse counselor
- Social worker (elderly / children)
- Occupational therapist
- Special education teacher
- Bilingual education teacher
- Early education teacher
- Sociologist
- Museum research worker
- Educational program director
- Parenting instructor, child development course

CREATIVE / ARTS

- Writer
 - Informational-graphics designer
 - Universal design architect
 - Freelance media planner
 - Editor/art director (magazine)
 - Genealogist (family tree researcher)
 - Multimedia producer
 - Editor/art director (web sites)
 - Film editor
 - Documentary filmmaker
 - Set designer
 - Exhibit designer
 - Costume and wardrobe specialist
 - Merchandise designer and displayed
 - Interior designer
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HEALTH / SOCIAL SERVICES

- Dir. Social service agency
- Social scientist
- Dietitian / nutritionist
- Speech-language pathologist
- Massage therapist
- Occupational therapist
- Fund-raising director
- Legal mediator
- Adult daycare coordinator
- Crisis hotline operator
- Legislative Assistant

BUSINESS

- Diversity manager, H.R.
- Corporate/team trainer
- Preferred customer sales representative
- Merchandise planner
- Environmental lawyer
- Interpreter / translator
- Planned-giving officer
- Outplacement consultant
- Director of marketing

TECHNOLOGY

- Customer relations manager
 - Staff advocate (tech. consultant)
 - Human resources recruiter
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*Knowing Yourself Is The
Beginning Of All Wisdom*



**DR QAMAR UL
HASSAN**



www.drqamar.com



DR MUHAMMAD QAMARUL HASSAN



CONTACT : +92 321 8944246

Design by: Yumna Ali Contact no: 03438987735