



QAMAR CONSULTING
Discovering Potential & Optimizing Performance

CAREER REPORT

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ISFP

ISFP Introvert, Sensing, Feeling, Perceiving

Potential Strengths

ISFPs are gentle, soft spoken, and modest people. On the surface, ISFPs often appear cool and impassive but really have deep and passionate feelings that they share only with people they know well and trust. They are loyal, devoted, and patient friends, not particularly interested in trying to control or impose their values on others. They are trusting and sensitive, and need their personal and professional relationships to be harmonious and tension free.

Realistic, sensible, and down to earth, ISFPs are concerned with enjoying life and experiencing all things to the fullest. ISFPs have a spontaneous and playful disposition and tend to prefer to respond to events rather than plan ahead. Often artistic, ISFPs notice the beauty in everything around them and enjoy spending their free time on their hobbies or crafts. They tend to have a small, tight-knit group of friends and strive to maintain a balance in their lives, not placing work above the other things that matter most to them.

Potential Weaknesses

Because ISFPs are so trusting, others sometimes take advantage of them. They tend to take people at their word and don't look for or see the less scrupulous motives others may have. They can become mired in unpleasant situations, not easily able to see alternatives and unwilling to risk hurting the feelings of other by confronting conflict. ISFPs use their personal values to judge everything and often don't consider more objective criteria in making decisions. They often need to be more assertive about expressing their feelings so they don't neglect their own needs.

Because ISFPs tend to live completely in the present, they may not see the larger picture or see how their choices impact future events. They often need help prioritizing and organizing their time and can become easily distracted from completing tasks. When overwhelmed by choices and obligations, they need plenty of time alone to regain their balance and perspective.

As An ISFP, I Am Good At...

Paying close attention to details and facts of projects of interest

Helping others in direct and tangible ways

Working well as part of a team of caring people

Adapting well to change and approaching new situations with curiosity

Being supportive and helpful to co-workers: respecting supervisors and the chain of command

I Need To Watch My Tendency To...

Overlook or ignore the hidden meanings and motives of others

Feel overwhelmed and confused with complicated or theoretical tasks

Not speak up about the unfairness T experience

Miss out on opportunities because I don't wish to volunteer or speak up

Be disorganized and have trouble managing my time

What I Need In A Career For It To Be Satisfying

1. An affirming, supportive, and non-competitive atmosphere without a lot of hidden political agendas.
 2. Work that has a real and practical purpose and where I can see and experience how I am able to help other people.
 3. A balance between working alone and working one-on-one, where the pace of my work is within my control.
 4. An environment that is relaxed, without a lot of rules, rigid structure, or restrictions on my personal time.
 5. The opportunity to work on a variety of projects that I believe in and where each day is different from the one before.
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Some Popular ISFP Careers To Consider

- Veterinarian
 - Carpenter
 - Fashion designer
 - Child care center operator
 - Home healthcare nurse
 - Archaeologist
 - Interior designer
 - Physical therapist
 - Personal fitness trainer
 - Pediatrician
 - Massage therapist
 - Painter
 - Radiology technologist
 - Cosmetologist Dancer
 - Emergency room physician
 - Computer operator
 - Chef or cook
 - Animal shelter operator
 - Surveyor Forester
 - Animal trainer
 - Botanist Geologist
 - Paralegal
 - Police officer
 - Dietitian/nutritionist
 - Crisis hotline operator
 - Elementary/science teacher
 - Retail salesperson
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Recommendations For The Job Search

Using My Strengths, I Excel. When I:

1. Network in a focused way, starting with people I know well
2. Ask a lot of question as I gather data and research options
3. Seek out training opportunities where I can learn the skills I will use in a job
4. Stay flexible during negotiations and communicate enthusiasm for working with others
5. Use my curious nature to learn the important facts about a potential job

Avoiding My Weaknesses, I Need To:

1. Develop a job search plan and work at sticking to it
 2. Be willing to consider less traditional careers or approaches
 3. Be objective in my decision making; not take rejection personally
 4. Try to imagine the impact of my decisions on the future
 5. Be assertive about my career and financial needs
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Additional Careers Choices for ISFPs

HEALTHCARE

- Surgeon
- Pharmacist
- Occupational therapist
- Substance abuse counselor
- Employee Assistance Counselor
- Registered nurse
- Emergency medical technician
- Pharmaceutical researcher
- Recreational therapist
- Hospice director/worker
- Licensed practical nurse
- Cardiology technologist
- Surgical technologist
- Respiratory therapist
- Medical researcher
- Radiology technologist
- Exercise physiologist
- Speech and language pathologist

SCIENCE / TECHNICAL

- Computer operator
 - Soil conservationist
 - Systems analyst
 - Aviation inspector
 - Television camera operator
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SALES / SERVICE

- Preferred customer service representative
- Merchandise planner
- Sports equipment salesperson
- Exotic animal breeder / salesperson
- Home healthcare salesperson
- Teacher: preschool
- Teacher: emotionally impaired and physically challenged
- Art and manual arts therapist
- Fish and game warden
- Insurance fraud investigator
- Airplane traffic controller
- Emergency service dispatcher
- Commercial airplane and helicopter pilot
- High school and college athletic coach
- Farmer
- Wilderness adventure leader
- Landscape designer
- Insurance investigator
- Dance instructor

CRAFTS / ARTISIAN

- Musical instrument maker
 - Artist
 - Cartoonist and animator
 - Sketch artist
 - Tailor
 - Actor
 - Musician
 - Gardner
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*Knowing Yourself Is The
Beginning Of All Wisdom*



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